The CAMAT Program is not accepting new clients at this time. We plan to begin accepting new clients again in mid-August 2025.

We understand there is a high need for behavioral health services and you may need to explore additional options for your children. We have identified several reputable behavioral health providers in our community who may be accepting new clients or offer shorter wait times. These providers specialize in a range of therapeutic services, including counseling, psychotherapy, family therapy, and mental health assessments.

Group Private Practices

Pediatric Psychology Associates (PPA)

Website: https://www.southfloridatherapists.com

Phone: (305) 271-8222 Email: info@mailppa.com

Locations: Offices in Miami Beach, South Miami, Aventura, Boca Raton, and Hollywood

Offers Telehealth? Yes

- i. Clinical Services Provided
 - Individual therapy
 - Testing/assessment
 - Social skills groups
 - Anxiety and OCD Intensive Outpatient Program (IOP)
- ii. Currently Providing Services for the Following Concerns
 - Anxiety
 - Depression
 - OCD
 - Autism Spectrum Disorder
 - ADHD
 - Trauma

- PPA is an out-of-network provider with all insurance plans
- Standard consultation and treatment sessions are 45 minutes and fees for these services vary (\$210 or \$300) based on the clinician's license level. Initial consultations with one of the directors/practice owners are \$400.
- https://www.southfloridatherapists.com/forms-paymentinfo/payment-information/

South Miami Psychology Group

Website: https://www.southmiamipsychologygroup.com/

Phone: (305) 662-2686

Email: <u>info@southmiamipsychologygroup.com</u>

Location: 10205 South Dixie Highway, Suite 203, Miami, FL 33156

- i. Clinical Services Provided
 - Individual therapy Children, Teens, Adults
 - Family Therapy
 - Couples Therapy
 - Testing for adults and children
 - LGBTQ+ Affirming Therapy
- ii. Currently Providing Services for the Following Concerns
 - Trauma
 - Eating Disorders
 - OCD
 - ADHD
 - Mood and Anxiety Disorders
- iii. Payment
 - Self-Pay, insurance is not accepted
 - Intake session (50-60 minutes): \$200-\$300
 - Individual therapy session (50 minutes): \$150-\$200
 - Couples or family therapy sessions (50 minutes): \$175-\$275
 - https://www.southmiamipsychologygroup.com/faq/

Kalsner Psychology Center (Miami Beach and Weston)

Website: https://www.kalsnerpsych.com

Phone: 305-866-3579

Email: Kalsner@icloud.com

Locations: 5151 Collins Ave, Suite 223, Miami Beach, FL 33140 and 1398 SW 160th

Avenue, Suite 303, Weston, FL 33326

- i. Clinical Services Provided
 - Assessment
 - Individual therapy
 - Group therapy
 - Family therapy
 - Behavior Management
 - Parenting Skills and Parent Consultations
 - Play Therapy
 - Dialectical Behavior Therapy (DBT) Groups
 - Dialectical Behavior Therapy (DBT) for both Adolescents and Adults
- ii. Currently Providing Services for the Following Concerns
 - Anxiety disorders
 - Treatment resistant depression
 - Eating disorders
 - OCD
 - Trauma
- iii. Payment
 - \$200-\$400 per session
 - Sliding scale fees are available on a case-by-case basis, depending upon client circumstances and need
 - https://www.kalsnerpsych.com/fees/

Neurobehavioral Institute (NBI) Weston and Coral Gables

Website: https://neurobehavioralmiami.com/

Phone: 305-866-3222

Email: admissions@nbiweston.com

Locations: 2695 S LeJeune Rd. Suite 201, Coral Gables, FL 33134

2233 N Commerce Parkway Suite 1 & 3, Weston, FL 33326

- i. Clinical Services Provided
 - Individual therapy
 - Group therapy
 - Diagnostic evaluation
 - In-home therapy
 - School & workplace consultations
 - Family workshops
 - Intensive therapy
 - Supported living program
- ii. Currently Providing Services for the Following Concerns
 - Anxiety
 - Obsessive-compulsive disorders
 - OCD-related food concerns
 - Behavioral concerns
 - Depression and mood disorders
 - Autism Spectrum Disorders (ASD)
 - PANDAS

- Do not accept insurance
- First clinical consultation (60minutes): \$700
- Sessions (45 minutes) -vary depending on type of consultation: \$500

MiMo Psychotherapy Group

Website: https://www.mimopsychotherapy.com

Phone: 305-676-2323

Email: Contact@mimopsychotherapy.com

Locations: 7300 Biscayne Blvd Suite 200, Miami, FL 33138

- i. Clinical Services Provided
 - DBT & CBT for adults and adolescents (10+)
 - Family therapy
 - Individual therapy
 - Parent coaching
 - Group therapy (adults and adolescents)
- ii. Currently Providing Services for the Following Concerns
 - Treatment-resistant anxiety and depression
 - Mood disorders
 - Obsessive-Compulsive disorders
 - Autism Spectrum Disorders (ASD)
 - Trauma/PTSD
 - Self-harm and suicidal ideation
- iii. Payment
 - Sliding scale is determined case by case.
 - Individual sessions (45 minute): \$250
 - Intake evaluations (60 minutes): \$330
 - Group sessions: \$90
 - Insurance is not accepted; however financial assistance is available for qualified persons in need and some insurance companies authorize single case agreements
 - Provide invoices to submit for out-of-network benefits

Private Practitioners

Dr. Niza Tonarely-Busto

Dr. Niza Tonarely-Busto completed her doctoral degree in clinical psychology at the University of Miami as a graduate student in the CAMAT Program and is currently our clinical director. She is a certified therapist in the Unified Protocol for Transdiagnostic Treatment of Emotional Disorders in Children and Adolescents (UP-C/A), which is the treatment we offer at CAMAT. She is also trained in a variety of evidence-based treatments for disorders such as anxiety, depression, obsessive-compulsive, tics/Tourette's, ASD, and disruptive behavior concerns.

Website: https://www.drnizatonarely-busto.com/about

Phone: 786-396-2809

Email: info@drnizatonarely-busto.com

Location: 7301 SW 57th Court, Suite 565, Miami, FL 33143

- i. Clinical Services Provided
 - Individual therapy
 - Cognitive Behavioral Therapy (CBT)
 - Exposure Response Prevention (ERP)
 - Unified Protocol for Transdiagnostic Treatment of Emotional Disorders in Children and Adolescents (UP-C/A)
 - Supportive Parenting for Anxious Childhood Emotions (SPACE)
 - Parent-Child Interaction Therapy (PCIT)
 - Comprehensive Behavioral Intervention for Tics (CBIT)
- ii. Currently Providing Evaluations and Treatment for the Following Concerns
 - Anxiety
 - Depression
 - Selective mutism
 - Obsessive-compulsive disorders
 - Tics/Tourette's Disorder
 - Autism Spectrum Disorder
 - Disruptive behavior disorders
- iii. Payment
 - Not an in-network provider, but can offer documentation upon request for out-of-network reimbursement
 - Initial consultation: \$250

• Standard therapy appointments: \$225/session

Dr. Jamie Sherman

Dr. Jamie Sherman completed her M.S. and Ph.D. in clinical psychology at the University of Miami as a graduate student in the CAMAT Program. She is an author of the Unified Protocol for Transdiagnostic Treatment of Emotional Disorders in Children and Adolescents (UP-C/A), which is the treatment we offer at CAMAT and is a clinical supervisor for our program. Dr. Sherman specializes in anxiety, depression, OCD, ASD, childhood behavior problems, selective mutism, tic disorders, and trichotillomania.

Website: https://www.jacobcenterforebt.com/jamie-sherman-phd.html

Phone: (561) 290-9080

Email: drjamiesherman@jacobcenterforebt.com

Location: Jacob Center for Evidence-Based Treatment: 7900 Glades Road, Suite 615,

Boca Raton, FL 33434 Offers Telehealth: Yes

- i. Clinical Services Provided
 - Individual therapy
 - Cognitive Behavioral Therapy (CBT)
 - Exposure and Response Prevention (ERP)
 - Habit Reversal Training (HRT)
 - Unified Protocol for Transdiagnostic Treatment of Emotional Disorders in Children and Adolescents (UP-C/A)
 - Parent Child Interaction Therapy (PCIT)
 - Supportive Parenting for Anxious Childhood Emotions (SPACE)
 - Comprehensive Behavioral Intervention for Tics (CBIT)
- ii. Currently Providing Services for the Following Concerns
 - Anxiety
 - Depression
 - OCD
 - Autism Spectrum Disorders
 - Childhood behavior problems
 - Selective Mutism
 - Tic Disorders
 - Trichotillomania

iii. Payment

 Not an in-network provider, but can offer documentation upon request for out-of-network reimbursement

Dr. Amy Beaumont

Dr. Amy Beaumont is a licensed psychologist who specializes in the evaluation and treatment of individuals with neurodevelopmental disorders, such as Autism Spectrum Disorder (ASD), Social-Communication Disorder, and Attention—Deficit/Hyperactivity Disorder (ADHD), as well as Anxiety Disorders, Obsessive—Compulsive Disorders (OCD), Mood Disorders, and other pediatric conditions. Dr. Beaumont currently serves as the Director of the University of Miami's Autism Spectrum Assessment Clinic, Clinical Supervisor of the Child and Adolescent Mood and Anxiety Treatment (CAMAT) Program, and Clinical Supervisor of the Psychological Services Center. She has 20 years of experience providing evidence-based treatments including applied behavior analysis (ABA), cognitive-behavioral therapy (CBT), exposure/response prevention (ERP), social skills training, and Parent-Child Interaction Training (PCIT).

Website: https://www.amybeaumont.com/

Phone: (954) 953-6263

Location: 1350 Tamiami Trail N., Suite 202 Naples, FL 34102

- i Clinical Services Provided
 - Autism evaluations
 - Individual Therapy
 - Cognitive Behavioral Therapy (CBT)
 - Exposure and Response Prevention (ERP)
 - Social skills training
 - Parent Training and Support
- ii. Currently Providing Services for the Following Concerns
 - Autism Spectrum Disorders (ASD)
 - Anxiety Disorders
 - Obsessive-Compulsive Disorder (OCD)
 - Phobias
 - Separation Anxiety
 - Selective Mutism
 - Panic Attacks
 - Depression
 - Tourette's and Tic Disorders

Parent-Child Interaction Therapy (PCIT)

iii. Payment

- Not currently accepting insurance
- Provides Good Faith Estimates of fees for services
- Fees available upon request https://www.amybeaumont.com/contact/

Dr. Elizabeth Penela

Dr. Elizabeth Penela is a bilingual licensed clinical psychologist. She completed her doctoral training at the University of Miami and completed a post-doctoral fellowship in the CAMAT Program under the mentorship of Dr. Jill Ehrenreich-May. Dr. Penela is specialized in the treatment of anxiety, OCD, and related concerns and offers evidence-based treatment for these concerns, primarily cognitive behavioral therapy (CBT) and exposure and response prevention (ERP).

Website: https://www.wellnessinbroward.com/meet-dr-penela.html

Phone: (954) 577-2727

Email: drpenela@wellnessinbroward.com.

Location: 15800 Pines Boulevard, Pembroke Pines, FL 33027

Offers Telehealth? Yes

- i. Clinical Services Provided
 - Individual Therapy
 - Cognitive Behavioral Therapy (CBT)
 - Exposure and Response Prevention (ERP)
 - Parent Training and Support
- ii. Currently Providing Services for the Following Concerns
 - Anxiety Disorders
 - Obsessive-Compulsive Disorder (OCD)
 - Related concerns

- Not an in-network provider, but can offer documentation upon request for out-of-network insurance reimbursement
- Initial intake consultation (75 minutes): \$395
- Follow-up therapy appointments (50 minutes): \$295/session

Dr. Anne Morrow

Dr. Morrow received her Ph.D. in Clinical Psychology from Florida International University and completed her post-doctoral training at the Mailman Segal Center at Nova Southeastern University, a center focused on improving the lives of young children with autism, in August 2020. She offers both web-based and in-person services, including Cognitive Behavioral Therapy (CBT), behavioral parent training, consultation with teachers and schools, dialectical behavioral therapy skills training, and motivational interviewing. She also serves as a clinical supervisor for the CAMAT Program. She is a behaviorally-focused clinician who collaborates with children, individuals, and families to build success in their lives that is in line with their core values.

Website: https://southfloridaintegrativemed.com/anne-morrow-phd

Phone: 786-664-7810

Email: contact@southfloridaintegrativemed.com

Location: 5915 Ponce de Leon Blvd., Suite 23, Miami, Florida 33146, United States

- i. Clinical Services Provided
 - Assessment
 - Individual therapy
 - Family therapy
 - CBT and DBT Skills training
 - Behavioral parent training
 - Motivational interviewing
- ii. Currently Providing Services for the Following Concerns
 - ADHD
 - Autism Spectrum Disorder
 - Anxiety
 - Depression
- iii. Payment
 - Not currently accepting insurance
 - Provides superbills to patients for potential insurance reimbursement

Natalia Ruiz-Nardone (Seeds of Hope Behavioral Health)

Website: https://www.seedsofhopebh.com/our-team

Phone: 786-245-4463

Email: lnfo@seedsofhopebh.com

Location: 3081 Salzedo St, Suite 202, Coral Gables, FL 33134

- iv. Clinical Services Provided
 - Parent-Child Interaction Therapy (PCIT)
 - Psychological evaluations
 - Gifted evaluations
- v. Currently Providing Services for the Following Concerns
 - Child disruptive behavior
 - Child having hard time sharing/taking turns
 - Child having hard time following instructions
- vi. Payment
 - Contact directly

Low Cost/Insurance Based Programs

Center for Children and Families at Florida International University (CCF FIU)

Website: https://ccf.fiu.edu/about/index.html

Phone: 305-348-0477 Email: ccf@fiu.edu

Location: Florida International University, Modesto A. Maidique Campus, 11200 SW 8th

Street, AHC1 140
Offers Telehealth? Yes

- i. Clinical Services Provided
 - Individual therapy
 - Group therapy
 - Parenting services and classes
 - Psychoeducational evaluations

- School consultation
- Parent-Child Interaction Therapy (PCIT)
- Other Programs listed on their website
- ii. Currently Providing Services for the Following Concerns
 - Anxiety & fears
 - Conduct & behavioral problems
 - Family stress & parenting support
 - Mood problems & depression
 - Problems with academic & social skills

iii. Payment

- Some services are offered free of charge through local and federal research grant funding
- Some services are available on an income-based sliding fee scale
- They accept some forms of insurance

Pediatric Psychology Clinic at the University of Miami (PPC)

Website: https://umiamihealth.org/treatments-and-services/pediatrics/developmental-and-behavioral-health-(pediatrics)/mailman-center-services/pediatric-psychology-clinic

Phone: 305-243-6857

Email: spellot@med.miami.edu

Location: Mailman Center for Child Development, 1601 NW 12th Ave, Miami FL, 33136

- i. Clinical Services Provided
 - Individual therapy
 - Group therapy
 - Behavioral parent training
 - Cognitive behavioral therapy
 - Social problem-solving skills training
 - Trauma-focused CBT
- ii. Currently Providing Services for the Following Concerns
 - Anxiety and mood disorders
 - Tantrums and oppositional behavior
 - ADHD
 - Social skills

- Sleep problems
- Trauma
- Coping and adjustment
- Family conflict, Parent-child relational problems

iii. Payment:

• Accepts most health insurance plans, excluding Medicaid

Psychological Services Center at the University of Miami (PSC)

Website: https://psc.psy.miami.edu/index.html

Phone: (305) 284-4265

Email: psychservices@psy.miami.edu

Location: University of Miami, Flipse Building, 5665 Ponce de Leon Boulevard, Second

Floor, Coral Gables, Florida 33146

Offers Telehealth? Yes

i. Clinical Services Provided

- Individual Psychotherapy
- Group Psychotherapy
- Psychoeducational Assessment
- Specialty Programs
- ii. Currently Providing Services for the Following Concerns
 - Academic concerns
 - Anger and irritability
 - Anxiety disorders
 - ADHD
 - Coping with chronic illness or pain
 - Depression
 - Eating disorders
 - Family, marital, or relationship conflict
 - Grief
 - Hair-pulling or skin-picking
 - Insomnia
 - OCD
 - PTSD
 - Social skills
 - Tourette's syndrome and tic disorders

- Therapy session fees are on a sliding scale based on income.
- https://psc.psy.miami.edu/payment-info/index.html

Parent-Child Interaction Therapy (PCIT) at the University of Miami Mailman Center for Child Development

Website: https://umiamihealth.org/PCIT

Phone: 305-243-0234

Email: pcit@med.miami.edu

Locations: Mailman Center for Child Development, Overtown, Little Havana, Coral

Gables, Homestead, Kendall

Offers Telehealth? Yes

i. Clinical Services Provided

- **PCIT**: PCIT is a program is for parents of children ages 2-7 who struggle with behavioral concerns. As part of the PCIT program, you will:
 - Learn effective strategies to respond to difficult behaviors.
 - Use positive reinforcement, calm discipline, and structured commands to encourage positive interactions.
 - Strengthen your relationship with your child through guided play and engagement.
- **PCIT-CALM**: The PCIT-CALM program is for parents of children ages 3-9 experiencing anxiety, fear, or social discomfort. As part of the PCIT-CALM program, you will:
 - Learn how to provide positive attention and gradual exposure therapy to help your child face fears.
 - Receive real-time coaching to help you support your child during anxious situations.
 - Help your child gain confidence and feel comfortable in situations they previously avoided.

ii. Payment:

No cost

Culturally Informed and Flexible Family-Based Treatment for Adolescents (CIFFTA)

Website: https://sites.education.miami.edu/ciffta/

Phone: (305) 284-3040 **Email:** kao43@miami.edu

Location: 1507 Levante Avenue, Second Floor, Coral Gables, FL 33146

Offers Telehealth? Mostly in person

- i. Clinical Services Provided
 - Family treatment/therapy
 - Individual treatment/therapy
 - Psychoeducation
- ii. Currently Providing Services for the Following Concerns
 - Mood and anxiety disorders
 - Family conflict
 - Self-Harm
- iii. Payment
 - Provider dependent

Citrus Health Network

Website: https://citrushealth.org/children-mental-behavioral-health

Phone: 305-825-0300

Email: slopez@citrushealth.com

Locations: Hialeah, FIU Offers Telehealth: Yes

- i. Clinical Services Provided
 - Assessment
 - Emergency Services
 - Crisis Stabilization
 - Individual Therapy
 - Family Therapy
 - Medication Management
- ii. Currently Providing Services for the Following Concerns
 - Anxiety Disorders
 - Obsessive-Compulsive Disorder (OCD)
 - Substance Abuse Management

- Trauma and Stressor-Related Disorders
- Parent-Child Interaction Therapy (PCIT)

iii. Payment

 Provides list of several accepted insurances for behavioral services https://citrushealth.org/s/Insurance-Plans-Behavioral-659n.pdf

Community Health of South Florida

Website: https://chisouthfl.org/services/behavioral-health-care/

Phone: (305) 252-4820

Email: https://chisouthfl.org/contact-us/

Locations: Coral Gables, South Miami, West Kendall, Homestead, Cutler Bay

Offers Telehealth: Yes

- ii. Clinical Services Provided
 - Assessment
 - Emergency Services
 - Crisis Stabilization
 - Individual Therapy
 - Inpatient services
 - Family Therapy
 - Medication Management
- ii. Currently Providing Services for the Following Concerns
 - Anxiety Disorders
 - Obsessive-Compulsive Disorder (OCD)
 - Substance Abuse Management
 - Trauma and Stressor-Related Disorders
- iii. Payment

 Provides list of several accepted insurances for behavioral services https://chisouthfl.org/insurances-accepted/

Intensive Mental Health Services

For families looking for a more intensive types of therapy (e.g. more than once weekly). More intensive therapy programs are often needed when children are more severely limited by their symptoms (e.g. unable to go to school, unable to take care of themselves, most of the day is spent engaging in avoidance or compulsive behaviors).

Intensive Outpatient Therapy (IOP) is a structured, non-residential treatment program that typically offers multiple therapy sessions per week (3-5). This is a step up from traditional therapy, but without the need for 24-hour supervision.

Partial Hospitalization Programs (PHP) or "day programs" offer structured therapy sessions typically for multiple hours a day multiple days per week. This is a step up from traditional therapy and IOP, but still allows clients to live at home and maintain independence.

Rogers Behavioral Health

Website: https://rogersbh.org/locations/miami-fl

Phone: 305-929-0600

Location: 5805 Blue Lagoon Drive, Suite 440, Miami, FL 33126

Offers Telehealth? Yes

i. Clinical Services Provided

- Intensive outpatient care
- Partial hospitalization programs
- ii. Currently Providing Services for the Following Concerns
 - OCD and Anxiety
 - Depression and Other Mood Disorders
 - Eating Disorders
 - Trauma and PTSD
 - Complex medical and mental health conditions
- iii. Payment
 - Insurance accepted
 - Other payment and financing programs: https://rogersbh.org/whatexpect/financing-your-care

Galen Hope

Website: https://www.galenhope.com

Phone: 877-780-2187

Email: belonging@galenhope.com

Locations: 806 South Douglas Road, Suite 625, Coral Gables, FL 33134, 4600 Linton

Blvd., Suite 250, Delray Beach, FL 33445

Offers Telehealth? No

- i. Clinical Services Provided
 - Evaluation
 - Individual therapy
 - Group therapy
 - Intensive outpatient programs (IOP)
 - Partial hospitalization programs (PHP)
 - Community integration
- ii. Currently Providing Services for the Following Concerns
 - Eating disorders and related diagnoses
 - Anxiety
 - Depression
 - Mood disorders
 - OCD
 - PTSD/Trauma
- iii. Payment
 - In-network for some carriers
 - Accepts private pay
 - https://www.galenhope.com/insurance/

Assessment Services

Autism Spectrum Assessment Clinic (ASAC) at University of Miami

Website: https://umasac.psy.miami.edu

Phone: 305-284-6140 Email: asac@miami.edu

- i. Clinical Services Provided
 - Assessment
- ii. Currently Providing Services for the Following Concerns
 - Autism spectrum disorders
- iii. Payment
 - Not currently accepting insurance
 - Provides Good Faith Estimates & detailed invoices for submission to insurance
 - View pricing here: https://umasac.psy.miami.edu/clinical_services/fees/index.html

School Psychology and Assessment Related Intervention Clinic (SPACI) at Nova Southeastern University

Website:https://nsuhealth.nova.edu/forms/NSU_SchoolRelatedPsychologicalInterventionAssessment_Brochure.pdf

Phone: (954) 262-5775

- i. Clinical Services Provided
 - Assessments
 - Assistance with design and implementation of interventions
 - Behavioral observations
 - Parent and student interviews
 - Parent training sessions
 - Personal feedback of results
 - Referral for treatment, if appropriate
 - School observation and consultation
 - Written reports for client or client's parents

ii. Currently Providing Services for the Following Concerns

- Autism spectrum disorders attentional problems
- Autism spectrum disorders
- Developmental delays
- Dyslexia
- Emotional/behavioral problems
- Motivational difficulties
- Retention decisions
- School-related problems
- Specific learning disabilities

iv. Payment

• Offer sliding scale and accept Family Empowerment scholarship funds.

Neuropsychology Assessment Clinic (NAC) at Nova Southeastern University

Website: https://www.nova.edu/publications/psc/nac-18/

Phone: (954) 262-5774

Location: 3301 College Avenue, Fort Lauderdale, Florida 33314-7796

v. Clinical Services Provided

- Diagnose disorders of the central nervous system
- Provide consultation on the etiology, rate of progression, and prognosis of known or suspected cerebral pathology
- Offer recommendations or referrals for treatment

vi. Currently Providing Services for the Following Concerns

- Differential diagnosis of dementia vs. depression
- Evaluation to determine cognitive, emotional, or behavioral symptoms subsequent to head injury
- Diagnosis of learning disability, attention deficit hyperactivity disorder, or mental retardation
- Determination of mental competence
- Diagnosis of Alzheimer's disease, seizure disorders, multiple sclerosis, stroke, and organic mood syndrome
- Determination of appropriate school placement
- Identification of malingering or symptom exaggeration

vii. Payment

• Offer sliding scale and accept Family Empowerment scholarship funds.